

## Kickstart & Strengthen Your Mentoring Program

*Mercure Hotel Brisbane*



**This three-day workshop will provide you with the knowledge and tools you need to run a **SUCCESSFUL** youth mentoring program.**

Numbers at this very popular training are **STRICTLY LIMITED** so be sure to get in early. The training will be conducted in groups of 25.

Included in your registration fee is your comprehensive resource folder full of notes and activities.

**When:** Tuesday 27<sup>th</sup> to Thursday 29<sup>th</sup>  
March 2012

**Where:** Mercure Hotel Brisbane  
85-87 North Quay  
Brisbane QLD 4003

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Co-hosted by:



Community partnerships promoting...  
enterprise, employment, education and training

### WHY NRGize?

NRGize is Australia's only comprehensive training package for mentoring program coordinators

- ✓ Focused on youth mentoring
- ✓ Highly regarded in the sector
- ✓ Developed and trialled by practitioners over a number of years

### About Us

The Australian Youth Mentoring Network (AYMN), Australia's peak mentoring body, is a national hub for youth mentoring research, tools and resources.

The AYMN works with interested organisations and practitioners to foster the growth and development of high quality youth mentoring programs for young people in Australia by providing a national base of collaboration, support, guidance and expertise.

**For more information visit our website - [www.youthmentoring.org.au](http://www.youthmentoring.org.au)**

## Core Module Information

### Introduction to Youth Mentoring

During this session, participants will be introduced to the different mentoring models in Australia, learn how to distinguish between coaching and mentoring, and understand the benefits and pitfalls of youth mentoring. Participants will be introduced to the different mentoring terminology used in mentoring research literature and learn about the essential components involved in setting up a successful mentoring program.



### Module 1 Designing and Planning a Youth Mentoring Program

During this session, participants will identify the steps required to design, conduct and implement a tailored community needs assessment for their community, learn how to interpret the results of the assessment and apply these to the program planning process, apply the findings from the mentoring research to design successful evidence based youth mentoring programs, and formulate a timeline of how the program will be implemented.

### Module 2 Evaluation and Monitoring

During this session participants learn how to define concrete, measurable outcomes for youth in their program, examine data-collection strategies, learn how to measure the quality of the relationships between mentors and youth in their program and explore the uses they can make of their outcomes findings.

### Module 3 Governance and Management

During this session participants will examine the roles and responsibilities of a mentoring program management team, learn how to recruit an advisory group to assist with the management of the program, discover the essential components required to assemble a comprehensive policies and procedures manual, identify how to assess potential risk factors and calculate the steps required to mitigate these risks.

### Module 4 Recruiting Mentors and Mentees

During this session participants learn how to develop a mentor position description which defines the qualifications and attributes required of mentors to create successful mentoring relationships, identify characteristics of the target market and formulate a plan to attract specific mentors, identify the key characteristics of the mentees required for your program and formulate a customer orientated intake process that supports mentors through the recruitment process.

### Module 5 Selection and Screening of Mentors and Mentees

During this session participants will explore how to develop clear selection criteria against which all mentors will be measured in the recruitment process, identify the essential components required to develop a comprehensive application process, examine the importance of screening mentors for both suitability and child protection, design an interview process which will help screen mentors for suitability and safety issues and develop a clear policy for managing the process of informing unsuccessful applicants.

### Module 6 Orientation and Training

During the session participants will examine the components of a successful mentor orientation session and mentor training session and construct a comprehensive training program outline for volunteer mentors.

### Module 7 The Match

Participants in this session will learn how to develop matching criteria, create a matching process with an emphasis on the mentee's perspective; develop suitable support and monitoring strategies that minimise risk and encourage strong mentoring relationships, create an ongoing training strategy, and develop a comprehensive exit strategy that minimises potential risks to the organisation.

#### Testimonials from previous attendees

*"Loved it all! Great energetic trainers and lots of valuable info to be digested"* – NSW Delegate

*"The concept is excellent - I would think that for people starting out this is a brilliant workshop"* – WA Delegate

*"Great to meet other people doing the same program- enjoyed it all; the group activities, conversations, sharing ideas and all the resources"* – VIC Delegate